



EXERCISE

Left Flammed Singles

The exercise consists of seven staves of music. The first staff is in common time (C) and shows a sequence of notes with 'x' marks above them, indicating flammings. The subsequent six staves show increasingly complex rhythmic patterns, including sixteenth and thirty-second notes, with 'x' marks indicating where to flamm. Each staff ends with a repeat sign and a right-hand bracket symbol (R).